



INTOCOMBAT[®]

TRAINING TO WIN



"Intocombat" Training to Win Seminar
June 18th 9am-5pm
Institute of Human Performance
1950 NW 2nd AVE * Boca Raton, Florida 33432 * (561) 620-9556

This seminar for:

- ✓ The combat athlete or coach looking to take their game to the next level.
- ✓ The combat-sports fan that wants to know how the athletes train, eat, rest and live.

Seminar located at two, world-renowned facilities:

- ✓ The first portion will be held at JC's Institute of Human Performance (IHP) in beautiful Boca Raton, Florida. You will see where some of the world's top athletes train and where cutting edge research is performed.
- ✓ The second portion will be at the 30,000 sq ft, American Top Team Training (ATT) Center headquarters, in neighboring Coconut Creek. Here you will see where the best train and get to meet many of the ATT fighters.

You can expect:

- ✓ Morning presentations on training theory, nutrition, and supplements.
- ✓ Morning workshops to experience some of the training protocols used by the athletes who train at IHP.
- ✓ Lunch is provided by the hosts and sponsor and is an opportunity to meet and share experiences.
- ✓ Transportation will be provided to ATT for the afternoon session.
- ✓ Afternoon sessions at ATT will be workshops with some of the world's top fighters and technicians.

You will need to bring:

- ✓ Please bring your normal work-out-gear (shorts, shirt, etc). A Gi top or Kurtka top are recommended. If there's anything you are missing, we have a Pro Shop on location at IHP and there is one at ATT.

You can fly into and stay at:

- ✓ Palm Beach Airport (25 minutes north), FT Lauderdale (25 minutes south), Miami International (45 minutes south).
- ✓ Marriott host hotels are both 1.5-2.5 miles away from IHP:
 - Fairfield Inn (561-417-8585) - \$69/night- Booking code "IHP") - <http://marriott.com/fairfieldinn>
 - Renaissance Hotel (561-368-5252) - \$99/night - Booking code "IHPX"). <http://marriott.com/renaissancehotels>

The seminar faculty will include:

- ✓ JC Santana - author of 13 videos, 7 books and industry leader in high-performance training.
- ✓ Rhadi Ferguson - 2004 Olympian, Silver medalist 2001 World BJJ Camp, and Abu Dhabi competitor.
- ✓ Ricardo Liborio - Trainer of champions, Co-Founder of the Brazilian Top Team, and head instructor of ATT.

Expected Featured Guests *(You never know who may come through the door...)*

- ✓ Howard Davis - 1976 Olympic Boxing Gold Medalist and trainer of many boxing champions.
- ✓ Eddie Liddle - USA Olympic Judo Team coach, known as the "master of gripping."
- ✓ Marcus Aurelio - Accomplished MMA fighter. Winner of ZST Japan and Pride fighter.
- ✓ Hermes Franca - UFC Stand out and winner of multiple Super fights.
- ✓ Marcel Ferreira - Grappler's Quest Champion and AFC Champion.

COST - Early registration **\$99** and **\$119** after June 10th and at the door!

REGISTER - Fax complete form to 561-347-8474, sign up on the web at www.intocombat.com, or call IHP at 561-620-9556

SPONSOR - TKO

HOSTS - Institute of Human Performance & American Top Team



"Intocombat" Training to Win Seminar
Sponsored by TKO Sports

Institute of Human Performance (IHP)
1950 NW 2nd AVE * Boca Raton, Florida 33432 * (561) 620-9556

Seminar Registration Form

Date: **June 18th 9am-5pm**

Location: IHP is located at 1950 NW 2nd AVE * Boca Raton, Florida 33432 * (561) 620-9556

Registration Details: The **pre-registration** price is only **\$99** per person, if received **before June 10th, 2005**. Registration received thereafter, including at the door is **\$119** per person)

To register:

1. Fax this form with credit card information to 561- 347-8474.
 2. Mail the form and check to INTOCOMBAT, 438 NW 13 Street Boca Raton, FL 33433.
 3. Call IHP at 561-620-9556 and register by phone.
- You will receive email confirmation within 48 hours of receipt of your registration.

I would like to reserve ___ place(s) at the June 18th, 2005 Intocombat Seminar

Name(s): _____

Title/Department: _____

Company: _____

Address: _____

City, State, Zip: _____

Phone: _____ Fax: _____

Email: _____

- YES! I would like to be added to your mailing list for future events and seminars
 I have enclosed a check

Credit Card Payments

Credit Card: ___ MasterCard ___ Visa ___ American Express

Number on Card: _____ Exp. Date: _____

Name on Card: _____

Cardholders Address: _____

Signature: _____

Please add the following colleagues to the general mailing list.

1. _____
2. _____

NO VIDEO TAPING OR RECORDING WILL BE ALLOWED – DVDs OF THE SEMINAR WILL BECOME AVAILABLE
For information on future seminars, please visit: www.intocombat.com